City of Fayetteville Parks and Recreation Youth Softball League Rules



Thank you for choosing to play youth softball in Fayetteville!

6U (Tee Ball) League Rules

Field Dimensions

- Distances and Field Dimensions
 - All bases are set at 60'.
 - The pitching rubber is set at 35'.
 - o The pitcher's circle has a 16' diameter.
 - There is a 3' semi-circle in front of home plate.

Equipment

- Bats
 - Parks and Recreation provides each team with bats, but players may choose to use their own.
 - A 25-26" bat is recommended.
- Cleats
 - No metal spikes are allowed on cleats.
- Game Ball
 - o Parks and Recreation will provide an official 10" RIF (Reduced Injury Factor) game ball.
- Jewelry
 - Players may not wear any jewelry during the game. If a player forgets to remove any jewelry, then she
 must remove it before she bats or takes the field.
- Uniform
 - Players must wear provided uniforms in each game.

- Length of Game
 - o Each game will last six (6) innings or 50 minutes, whichever happens first concludes the game.
 - If the time limit is met, then the game will end when the inning the time expired in is finished.
 - If the inning limit is met, then the game will end before 50 minutes are played.
- Innings
 - Each team bats all players in the line-up each inning.
 - Each half-inning ends immediately after the last player on the batting team's line-up completes her atbat.
 - Coaches must rotate their batting order each game so that players are able to experience different places in the batting order.
- Home Team
 - o The home team will be determined by a coin flip.
 - During the coin flip, each coach should be present and has the option to bring out two different players each game to be present as well.

- Score
 - No score is kept in the 6U league.

Batting

- Players
 - Each player in each team's line-up will bat each inning.
 - Each player must wear a protective batting helmet; a helmet with facemask is optional.
 - A batter is allowed three attempts to hit from a tee.
 - If a player does not hit a fair ball from the first three attempts, she will be ruled out.
- Foul Balls
 - o A batted ball that does not leave the 3' semi-circle around home plate will be ruled a foul.
 - If a player hits a foul ball on her final swing from the batting tee, then she will be ruled out.

Base Running

- Players
 - A player may run as many bases as the play allows. Coaches will not send girls to another base after the play has reasonably ended.
 - Players may advance one (1) base on overthrows.
 - If a runner leaves a base before the ball is batted, the ball is declared dead, and all runners return to their original position. This is not counted toward the batter's swing count.
- Double First Base (Rule 8, Sec. 19. 51.)
 - First base will contain a white portion of the base that is in fair territory and a red portion of the base that is in foul territory.
 - When a play is being made on the batter-runner, the fielding team will use the white portion of the base, and the batter-runner will use the red portion of the base.
 - When no play is being made on the batter-runner at first base, she may use either the red or white portion of the bag.
 - After the batter-runner reaches first base, and uses the red portion of the base, then she may use either the red or white portion of the base.
 - Restrictions
 - If a play is being made to the right of the first base foul line because of an errant throw, or any other cause, then the batter-runner may use the white portion of the bag.

Coaches

- Umping
 - Coaches will umpire the 6U games themselves.
 - No score is kept and outs are not tracked.
 - Outs will be called, but do not determine the end of an inning.

Fielding

- Coaches
 - Two (2) defensive coaches can be on the field with their players.
 - Coaches should encourage their players and sometimes guide them through a play. Coaches will not
 physically move players during the play.
- Players
 - A team will use six (6) infielders and, at most, four (4) outfielders.
 - Outfield players must remain in the outfield grass until the ball is in play.
 - o The pitcher must stay inside the pitcher's circle until the ball is hit.
 - Players must be rotated through different positions in the field each game so they gain experience in most of the positions throughout the season.
 - Every player should have a chance to play each position throughout the season.
 - E.g. One player should not play in the outfield 75% of the time.

Notes

- Sportsmanship and Game Management
 - o Coaches must encourage their players to act kindly to all other players.
 - o Coaches must involve each player present at the game.
- Parks and Recreation Staff
 - The recreation program manager reserves the right to change the rules to better all teams, but must notify all coaches when changes have been made.



8U (Coach Pitch) League Rules

Field Dimensions

- Distances
 - All bases are set at 60'.
 - o The pitching rubber is set at 35'.
 - o There is a 16' diameter circle around the pitching rubber.

Equipment

- Bats
 - o Parks and Recreation provides each team with bats, but players may choose to use their own.
 - A 27-29" bat is recommended.
 - A USSSA "thumb print" is not required on bats.
- Cleats
 - No metal spikes are allowed on cleats.
- Game Ball
 - o Parks and Recreation will provide an official game ball.
 - In 8U, the game ball will be an 11" ball.
- Jewelry
 - Players may not wear any jewelry during the game. If a player forgets to remove any jewelry, then she
 must remove it before she bats or takes the field.
- Uniform
 - o Players must wear provided uniforms in each game.

- Length of Game
 - o Each game will last six (6) innings or 55 minutes, whichever happens first will conclude the game.
 - If the time limit is met, then the game will end when the inning the time expired in is finished.
 - If the home team is winning and time expires, then the game will immediately end.
 - If the inning limit is met, then the game will end before 55 minutes are played.
- Innings
 - Each half-inning ends after:
 - There are three outs made, or
 - The team batting scores six (6) runs.
 - Coaches must rotate their batting order each game so that girls are able to experience different places in the batting order.
- Home Team
 - The home team will be determined by a coin flip.
 - During the coin flip, each coach should be present and may bring out one different player each game to be present as well.

- Score
 - No score or standings are kept.
 - The umpire will track runs in each inning, and end the inning if 6 runs are scored.

Batting

- Players
 - Each player will be included in the batting order.
 - Each batter will receive up to 3 pitches from their coach:
 - The batter is out If they do not hit a fair ball after three pitches from their coach.
 - To initiate a pitch, a coach will:
 - Present the ball to the batter and then deliver an underhand pitch.
 - The batter's coach will stand at the front of the chalk pitcher's circle.
 - The first two pitches will always be from the front of the circle.
 - The coach may move two steps closer for the final pitch of each at-bat.
 - A coach cannot pitch a ball; a ball pitched by the batter's coach must be hit fair or foul, or the ball will be called a strike.
 - A batter cannot be ruled out on a foul ball.
 - Each player must wear a protective batting helmet with a facemask.
 - Infield fly rule will not be used.

Base Running

- Coaches
 - In addition to the coach at the pitcher's hash mark, the batting team may have a first base and third base coach.
- Players
 - A player may run as many bases as the play allows. Coaches will not send girls to another base after the play has reasonably ended.
 - The umpire will aggressively call time when the play reasonably ends.
 - Players may advance one (1) base on overthrows.
 - If a runner leaves a base before the ball is batted, the ball is declared dead, and all runners return to their original position. This is not counted toward the batter's swing count.
- Double First Base (Rule 8, Sec. 19. 51.)
 - First base will contain a white portion of the base that is in fair territory and a red portion of the base that is in foul territory.
 - When a play is being made on the batter-runner, the fielding team will use the white portion of the base, and the batter-runner will use the red portion of the base.
 - When no play is being made on the batter-runner at first base, she may use either the red or white portion of the bag.
 - After the batter-runner reaches first base, and uses the red portion of the base, the she may use either the red or white portion of the base.

If a play is being made to the right of the first base foul line because of an errant throw, or any other cause, then the batter-runner may use the white portion of the bag.

Penalties Concerning the Double First Base

If either the fielding team or the batter-runner uses the incorrect portion of the base when attempting to make a play a first base, it will be treated as if either player missed the base.

Fielding

Coaches

 One (1) coach from the fielding team can be in the outfield to help direct the play. Coaches may not physically move a player while coaching.

Players

- A team will use six (6) infielders and, at most, four (4) outfielders.
- Outfield players must remain in the grass until the ball is hit.
- The pitcher must stay inside the pitcher's circle until the ball is hit.
- o All other players must remain reasonably in their position until the ball is hit.
- Players must be rotated through different field positions in each game so that they gain experience in most of the positions throughout the season.
 - This does not mean positions must be changed every inning.
 - Over the course of the season, each player should have a chance to player every position.
 - Lower-skilled players should not play 75% of their time in the outfield.
 - Stronger players should not play 75% of the time at Pitcher and First base.

Dead Ball

- A ball will be declared dead when:
 - Any player has control of the ball on the infield and umpire declares time, which suspends play. The umpire will use her/his best judgment to determine when to call time.

Notes

- Sportsmanship and Game Management
 - Coaches must encourage their players to act kindly to all other players.
 - Coaches must maintain a civil fan base. No fan will address any player, coach, or umpire on the field.
 - Coaches must involve each player present at the game.
 - Parks and Recreation Staff
 - A Parks and Recreation staff member will be present at each game is available to address any issue related to the program or facility.
 - The recreation program manager reserves the right to change the rules to better all teams, but must notify all coaches when changes have been made.
 - o *USSSA*
 - Unless a league rule conflicts, our league operates according to USSSA Youth Fast Pitch Softball rules. The "look-back rule" will not be used.

10U (Fast Pitch/Coach Pitch) League Rules

Field Dimensions

- Distances
 - All bases are set at 60'.
 - The pitching rubber is set at 35'.
 - There is a 16' diameter circle around the pitching rubber.

Equipment

- Bats
 - Parks and Recreation provides each team with bats, but players may choose to use their own.
 - A 27-30" bat is recommended.
 - A USSSA "thumb print" is not required on bats.
- Cleats
 - No metal spikes are allowed on cleats.
- Game Ball
 - Parks and Recreation will provide an official game ball.
 - The game ball will be an 11" RIF USSSA DreamSeam softball.
- Jewelry
 - Players may not wear any jewelry during the game. If a player forgets to remove any jewelry, then she
 must remove it before she bats or takes the field.
- Uniform
 - Players must wear provided uniforms in each game.

- Forfeits
 - At least six (6) players are required by the scheduled game time on each team for a game to begin.
 - If there are fewer than six (6) players present on at least one (1) team, then the team with fewer than six players will forfeit the game.
 - If neither team has at least six (6) players present by the scheduled game time, then the game will be ruled a double-forfeit.
- Length of Game
 - Each game will last seven (7) innings or 55 minutes, whichever comes first concludes the game.
 - If the time limit is met, then the game will end when the inning the time expired in finishes.
 - If the home team is winning and time expires, then the game will immediately end.
 - If the inning limit is met, then the game will end before 55 minutes.
 - Regular season games will end as a tie if seven (7) innings are played or the time limit is reached, and the score is tied.
 - Tournament games will not end in a tie. With exceptions stated below, the USSSA tiebreaker rule will be used to break any ties (Rule 4, Sec. 5. 26.).
 - The USSSA tiebreaker rule
 - The player whom completed the last at-bat will begin the inning on second base.

- No substitute will be used in the batting line-up.
- Tiebreaker procedures will continue until a winner is determined.

- Innings
 - Each half-inning ends after:
 - There are three outs made, or
 - The team batting scores six (6) runs.
 - Coaches must rotate their batting order each game so that girls are able to experience different batting positions.
- Home Team
 - The home team will be determined by a coin flip.
 - During the coin flip, each coach should be present and may bring out one different player each game to be present as well.
- Score
 - Score is kept and displayed on the scoreboard. No scorebook is maintained.
 - A game immediately ends if a team is winning by:
 - Twelve (12) runs after three (3) innings, or
 - Ten (10) runs after four (4) innings, or
 - Eight (8) runs after five (5) innings.

Batting

- Players
 - Each player will be included in the batting order.
 - Each player must wear a protective batting helmet with a facemask.
- The Count
 - If "the count" on the batter ever becomes 3-0, 3-1, or 3-2, then the coach of the batter will deliver the number of pitches required for the batter to hit a fair ball or strike out.
 - To initiate a pitch, a coach will:
 - Present the ball to the batter pitch the ball underhand.
 - The batter's coach will stand at the chalk line of the pitcher's circle nearest the batter.
 - A coach cannot pitch a ball; a ball pitched by the batter's coach must be hit fair or foul, or the pitch will be called a strike.
 - A batter cannot be ruled out on a foul ball.
- The Pitch (USSSA Rule 6, Sec. 1. 33-36.)
 - To initiate a pitch, a player will:
 - Position herself so that both feet are in contact with the pitcher's rubber, and
 - Position herself so that her pivot foot is on top of the pitching rubber, and
 - Position herself so that both hands are apart, then
 - The pitcher will simulate taking a call from the catcher and bring both hands together in front of the pitcher's body with control of the ball, and
 - The pitching must bring both hands together in front of her body for no more than 10 seconds.
 - A pitcher may cease initiating the pitch by stepping backwards with both feet.

- To pitch, a player will:
 - Take exactly one (1) step toward home plate in line of the pitcher's rubber, and
 - May use her pivot foot to push off the pitcher's rubber or drag the foot through the pitch so long as the pivot foot remains in contact with the ground throughout the pitch; and
 - Release the ball below her hip so that her wrist is not farther away from the body than her elbow; and
 - Follow through the pitch with her throwing arm by continuing her arm's motion past the vertical plane of her body.

- The pitcher may wind up using any method desired by the pitcher, but she may not continue to wind up after the ball is released (i.e. the throwing arm may not revolve around the shoulder after the ball is released).
- The pitcher may not crow hop or leap.
- The pitcher may use one and one-half (1.5) revolutions to release the ball. The ball does not necessarily have to be released once it moves past the pitcher's hip the first time.

Penalties Concerning Pitching

- An illegal pitch will be called whenever a pitch or catcher violates the pitching rules.
 - The penalty will be a delayed dead ball, which means that "players are awarded one base without the liability of being put out."
 - If the batter-runner arrives safely at first base and "all other runners advance at least one base, the play stands, and the illegal pitch is cancelled."
 - In any other case, the coach will have the option of taking the results of the play or accepting the penalty effect for an illegal pitch.
 - If a player is hit by an illegal pitch or there is a base on balls because of an illegal pitch, then the player will be awarded first base, and each runner will advance one base.
 - If requested, the umpire will explain any illegal pitch to the pitcher and her
- Infield Fly Rule (Rule 8. Sec 17. 47.)
 - The softball infield fly rule will be used. These conditions must be met for the rule to apply:
 - There must be runners on first and second base (or first, second, and third base).
 - There must be fewer than two (2) outs.
 - A batter must hit a fly ball into fair territory that can be caught by an infielder with ordinary effort.
 - The umpire must call, "Infield fly!" or, "Infield fly, batter out!"
 - o If all these conditions are met, then batter is out, and no runner is forced to advance to the next base.
 - o If runners do not tag up until a defensive player contacts the ball, and the ball is caught, then runners are still liable to be put out.
- Dropped Third Strike (USSSA Rule 7, Sec. 14. 38-39.)
 - The dropped 3rd strike rule is not in effect. All batter will be out after the 3rd strike even if the pitcher is dropped by the catcher.

Base Running

- Coaches
 - In addition to the coach at the pitcher's hash mark, the batting team may have a first base and third base coach.

Players

- A player may run as many bases as the play allows. Coaches will not send girls to another base after the play has reasonably ended.
 - The umpire will aggressively call time when the play reasonably ends.
- Players may advance one (1) base on overthrows.
- Players may not steal bases.
- Double First Base (Rule 8, Sec. 19. 51.)
 - First base will contain a white portion of the base that is in fair territory and a red portion of the base that is in foul territory.
 - When a play is being made on the batter-runner, the fielding team will use the white portion of the base, and the batter-runner will use the red portion of the base.
 - When no play is being made on the batter-runner at first base, she may use either the red or white portion of the bag.
 - After the batter-runner reaches first base, and uses the red portion of the base, the she may use either the red or white portion of the base.

Restrictions

• If a play is being made to the right of the first base foul line because of an errant throw, or any other cause, then the batter-runner may use the white portion of the bag.

Penalties Concerning the Double First Base

- If either the fielding team or the batter-runner uses the incorrect portion of the base when attempting to make a play a first base, then it will be treated as if either team "missed the base."
- Look-Back Rule (USSSA Rule 8, Sec 2. 39-40.)
 - The softball look-back rule will be used. These conditions must be met for the rule to apply:
 - The batter-runner has arrived safely at first base or has been declared out, and
 - The pitcher has possession of the ball wholly inside or with her feet touching the chalk lines of the pitcher's circle.
 - If these conditions are met, then any runners in between bases are still liable to be put out and:
 - Must continue running to the base they seek to occupy, or
 - May return to the last touched base.

Restrictions

- Runners in between bases may stop one (1) time to change direction or continue to the sought base
- If a runner stops at a base for any reason, that runner may not move off that base.
- The **rule ceases to apply** if: the pitcher attempts to throw the runner out, makes a fake throw, loses possession of the ball, or steps outside the pitcher's circle.

Penalties Concerning the Look-Back Rule

- Any runner that violates the look-back rule will be called out, and
- The ball will be declared dead.

Fielding

- Players
 - A team will use six (6) infielders and, at most, four (4) outfielders.
 - Outfielders must remain in the outfield grass until the ball is hit.
 - The pitcher must stay inside the pitcher's circle until the ball is hit.
 - o All other players must remain reasonably in their position until the ball is hit.
 - Players must be rotated through different field positions in each game, so they gain experience in most of the positions throughout the season.
 - This does not mean positions must be changed every inning.
 - Over the course of the season, each player should have a chance to player every position.
 - Lower-skilled players should not play 75% of their time in the outfield.
 - Stronger players should not play 75% of the time at Shortstop and First base.
 - **Exception:** none of the above applies to pitcher and catcher. It is understood it can be difficult to play these positions and not everyone wants to.
- Dead Ball
 - A ball will be declared dead when:
 - Any player has control of the ball on the infield and umpire declares time, which suspends play. The umpire will use her/his best judgment to determine when to call time.
- Coaches
 - Teams may place a coach or volunteer at the backstop behind the umpire and catcher to help corral pass balls and improve the pace of play.

Notes

- Umpire
 - A trained, certified umpire will be provided.
- Sportsmanship and Game Management
 - Coaches must encourage their players to act kindly to all other players.
 - Coaches must maintain a civil fan base. No fan will address any player, coach, or umpire on the field.
 Fans are encouraged to ask any questions to their coach during a game or an umpire after the game.
 - Coaches must involve each player present at the game.
- Parks and Recreation Staff
 - A Parks and Recreation staff member will be present at each game is available to address any issue related to the game or facility.
 - The recreation program manager reserves the right to change the rules to better all teams, but must notify all coaches when changes have been made.
- USSSA

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Unless a league rule conflicts, our league operates according to USSSA Youth Fast Pitch Softball rules.



12U League Rules (Fast Pitch)

Field Dimensions

- Distances
 - All bases are set at 60'.
 - o The pitching rubber is set at 40'.
 - There is a 16' diameter circle around the pitching rubber.

Equipment

- Bats
 - o Parks and Recreation provides each team with bats, but players may choose to use their own.
 - For 12U play, a 28-30" bat is recommended.
 - A USSSA "thumb print" is not required on bats.
- Cleats
 - No metal spikes are allowed on cleats.
- Game Ball
 - o Parks and Recreation will provide an official game ball.
 - A 12" USSSA DreamSeam softball will be used.
- Jewelry
 - Players may not wear any jewelry during the game. If a player forgets to remove any jewelry, then she
 must remove it before she bats or takes the field.
- Uniform
 - o Players must wear provided uniforms in each game.

- Forfeits
 - At least six (6) players are required by the scheduled game time on each team for a game to begin.
 - If there are fewer than six (6) players present on at least one (1) team, then the team with fewer than six players will forfeit the game.
 - If neither team has at least six (6) players present by the scheduled game time, then the game shall be ruled a double-forfeit.
- Length of Game
 - o Each game will last seven (7) innings or 70 minutes, whichever comes first concludes the game.
 - If the time limit is met, then the game will end when the inning the time expired in finishes.
 - If the inning limit is met, the game ends before 70 minutes.
 - Regular season games will end as a tie if seven (7) innings are played or the time limit is reached, and the score is tied.
 - Tournament games will not end in a tie. With exceptions stated below, the USSSA tiebreaker rule will be used to break any ties (Rule 4, Sec. 5. 26.).
 - The USSSA tiebreaker rule will be used to break any ties.

The player whom completed the last at-bat will begin the inning on second base.

- No substitute will be used in the batting line-up.
- Tiebreaker procedures will continue until a winner is determined.

- Innings
 - Each half-inning ends after:
 - There are three outs made, or
 - The team batting scores six (6) runs.
- Home Team
 - The home team will be determined by a coin flip.
 - During the coin flip, each coach should be present and may bring out one different player each game to be present as well.
- Score
 - Score is kept and displayed on the scoreboard. No scorebook is maintained.
 - o A game immediately ends if a team is winning by:
 - Twelve (12) runs after three (3) innings, or
 - Ten (10) runs after four (4) innings,
 - Eight (8) runs after five (5) innings.

Batting

- Players
 - Each player will be included in the batting order.
 - Each player must wear a protective batting helmet with a facemask.
- The Pitch (USSSA Rule 6, Sec. 1. 33-36.)
 - o To initiate a pitch, a player will:
 - Position herself so that both feet are in contact with the pitcher's plate, and
 - Position herself so that her pivot foot is on top of the pitching plate, and
 - Position herself so that both hands are apart, then
 - The pitcher will simulate taking a call from the catcher and bring both hands together in front
 of the pitcher's body with control of the ball, and
 - The pitching must bring both hands together in front of her body for no more than 10 seconds.
 - A pitcher may cease initiating the pitch by stepping backwards with both feet.
 - To pitch, a player will:
 - Take exactly one (1) step toward home plate in line of the pitcher's plate, and
 - May use her pivot foot to push off the pitcher's plate or drag the foot through the pitch so long as the pivot foot remains in contact with the ground throughout the pitch; and
 - Release the ball below her hip so that her wrist is not farther away from the body than her elbow; and
 - Follow through the pitch with her throwing arm by continuing her arm's motion past the vertical plane of her body.

- The pitcher may wind up using any method desired by the pitcher, but she may not continue to wind up after the ball is released (this will be interpreted to mean that the throwing arm may not revolve around the shoulder after the ball is released).
- The pitcher may not crow hop or leap.
- The pitcher may use one and one-half (1.5) revolutions to release the ball. The ball does not necessarily have to be released once it moves past the pitcher's hip the first time.

Penalties Concerning Pitching

- An illegal pitch will be called whenever a pitch or catcher violates the pitching rules.
 - The penalty will be a delayed dead ball, which means that "players are awarded one base without the liability of being put out."
 - If the batter-runner arrives safely at first base and "all other runners advance at least one base, the play stands, and the illegal pitch is cancelled."
 - In any other case, the coach will have the option of taking the results of the play or accepting the penalty effect for an illegal pitch.
 - If a player is hit by an illegal pitch or there is a base on balls because of an illegal pitch, then the player will be awarded first base, and each runner will advance one base.
 - If requested, the umpire will explain any illegal pitch to the pitcher and her coach.
- Infield Fly Rule (Rule 8. Sec 17. 47.)
 - o The softball infield fly rule will be used. These conditions must be met for the rule to apply:
 - There must be runners on first and second base (or first, second, and third base).
 - There must be fewer than two (2) outs.
 - A batter must hit a fly ball into fair territory that can be caught by an infielder with ordinary effort.
 - The umpire must call, "Infield fly!" or, "Infield fly, batter out!"
 - If all these conditions are met, then batter is out, and no runner is forced to advance to the next base.
 - o If runners do not tag up until a defensive player contacts the ball, and the ball is caught, then runners are still liable to be put out.
- Dropped Third Strike (USSSA Rule 7, Sec. 14. 38-39.)
 - A batter may run if a catcher drops the batter's third strike and:
 - First base is not occupied, or
 - There are two outs.

Base Running

- Coaches
 - One (1) coach from the batting team may coach runners from first base, and (one) 1 coach from the batting team may coach runners from third base.
- Players
 - Players can steal bases.
- Double First Base (Rule 8, Sec. 19. 51.)
 - First base will contain a white portion of the base that is in fair territory and a red portion of the base that is in foul territory.

- When a play is being made on the batter-runner, the fielding team will use the white portion of the base, and the batter-runner will use the red portion of the base.
 - When no play is being made on the batter-runner at first base, she may use either the red or white portion of the bag.
 - After the batter-runner reaches first base, and uses the red portion of the base, the she may use either the red or white portion of the base.

• If a play is being made to the right of the first base foul line because of an errant throw, or any other cause, then the batter-runner may use the white portion of the bag.

Penalties Concerning the Double First Base

- If either the fielding team or the batter-runner uses the incorrect portion of the base when attempting to make a play a first base, then it will be treated as if either player missed the base.
- Look-Back Rule (USSSA Rule 8, Sec 2. 39-40.)
 - o The softball look-back rule will be used. These conditions must be met for the rule to apply:
 - The batter-runner has arrived safely at first base or has been declared out, and
 - The pitcher has possession of the ball wholly inside or with her feet touching the chalk lines of the pitcher's circle.
 - o If all of these conditions are met, then any runners in between bases are still liable to be put out and:
 - Must continue running to the base to that seek to occupy, or
 - May return to the last touched base.

Restrictions

- Runners in between bases may stop one (1) time to change direction or continue to the sought base.
- If a runner stops at a base for any reason, then that runner may not move off that base.
- The **rule ceases to apply** if: the pitcher attempts to throw the runner out, makes a fake throw, loses possession of the ball, or steps outside the pitcher's circle.

Penalties Concerning the Look-Back Rule

- Any runner that violates the look-back rule will be called out, and
- The ball will be declared dead.

Fielding

- Players
 - o A team will use five (6) infielders and, at most, three (3) outfielders.
 - Substitutions may freely take place at the beginning of each half-inning.
 - No player will sit out for more than one inning.
 - A catcher must wear full protective gear.
 - o A pitcher must stay inside the pitcher's circle until the ball is hit.
 - o Players will be allowed to experience multiple positions, if they wish, throughout the season.
- Dead Ball
 - A ball will be declared dead when:
 - Any player has control of the ball on the infield and umpire declares time, which suspends play. The umpire will use her/his best judgment to determine when to call time.

Notes

- Games Against Regional Opponents
 - o In any game against a regional opponent, the rules of organization that is hosting the game will apply to a Fayetteville Parks and Recreation team. These rules will be provided to each team's coach.
- Umpire
 - A trained, certified umpire will be provided.
- Sportsmanship and Game Management
 - o Coaches must encourage their players to act kindly to all other players.
 - Coaches **must maintain a civil fan base**. No fan will address any player, coach, or umpire on the field. Fans are encouraged to ask any questions to their coach during a game or an umpire after the game.
 - Coaches, players, and fans will not argue or dispute judgment calls made by an umpire.
 - Coaches must involve each player present at the game.
- Parks and Recreation Staff
 - A Parks and Recreation staff member will be present at each game is available to address any issue related to the game or facility.
 - The recreation program manager reserves the right to change the rules to better all teams, but must notify all coaches when changes have been made.
- USSSA
 - Unless a league rule conflicts, our league operates according to USSSA Youth Fast Pitch Softball rules.

